

2019 East Invicta Championships									
Relays									
200yrs Free Men 3rd			120yrs Free Ladies 2nd						
160yrs Med Men 2nd			200yrs Med Ladies 1st						
200yrs Med Men 3rd			120yrs Med Ladies 2nd						
160yrs Free Men 2nd			200yrs Free Ladies 1st						
Individuals									
Ladies									
Rebecca Maycock	Helen Oaks	Donna Wickens	Pat Ling	Maureen Fakley					
1st 50m Back	1st 50m Back	1st 50m Back	1st 50m Back	1st 50m Back					
2nd 50m Fly	1st 100m Free	1st 100m Free	1st 100m Free	1st 100m Free					
2nd 50m Free	1st 50m Fly	1st 50m Fly	1st 50m Breast	1st 50m Breast					
1st 100m IM	1st 50m Breast	1st 50m Breast	1st 50m Free	1st 50m Free					
	1st 50m Free	1st 50m Free		1st 100m IM					
	1st 100m IM	1st 100m IM							
Men									
Barry Belcher	Tom Richardson	Paul Crow	Martin Newland	John Turner	Simon Stephenson	Graham Ling	Pete Saunders	David Staveley	
2nd 50m Back	2nd 50m Back	3rd 50m Back	1st 50m Back	2nd 100m Free	5th 100m Free	2nd 100m Free	3rd 50m Fly	1st 50m Fly	
2nd 50m Breast	3rd 100m Free	4th 100m Free	1st 100m Free	2nd 50m Fly	2nd 50m Fly	2nd 50m Fly	5th 50m Breast	2nd 50m Breast	
1st 50m Free	4th 50m Breast	3rd 50m Breast	1st 50m Fly	1st 50m Breast	2nd 50m Breast	2nd 50m Free	5th 50m Free	1st 100m IM	
2nd 100m IM	3rd 50m Free	4th 50m Free	2nd 50m Breast	1st 100m IM	5th 50m Free				
		2nd 100m IM	1st 50m Free						